

FREE

WELLNESS SEMINAR

TUESDAY, July 10, 2007 from 7:00 - 8:00 p.m.

“The Immune System: Your Best Defense”

- *The American Lung Association states that asthma is the leading cause of chronic illness among children, accounting for 10.1 million lost school days per year.*
- *According to the American Academy of Allergy, Asthma, and Immunology, allergic diseases are the 6th leading cause of chronic disease in the United States.*
- *Autoimmune diseases are the fourth leading cause of disability among women and about 75% of autoimmune diseases occur in women.*
- *Some examples of overactive or autoimmune dysfunction are: **allergies, asthma, lupus, multiple sclerosis, fibromyalgia, frequent colds and flu, and rheumatoid arthritis.***



You and a guest are cordially invited to a **FREE** wellness seminar titled:

“The Immune System: Your Best Defense”.

The seminar will be conducted by Kristine Reyes, a Certified Nutrition Consultant with 25 years of experience in the field of health and fitness. Kristine also has professional training in homeopathic and herbal remedies focusing on the immune system.

Seating is limited. Please call **(866)435-3840** to reserve your space today!

Location: Courtyard by Marriott
180 North Fair Oaks Avenue
Pasadena, CA 91103

Date: Tuesday, July 10, 2007
Time: 7:00 p.m.—8:00 p.m.

Special hotel parking price: Valet and self park \$7.00 Coffee and hot tea will be served.

A **FREE GIFT** will be given to all attendees and their guests!

Sponsored by Amkey, Inc.